

# RESOURCE B

## Technology Use Contract

### Child Expectations:

I understand that using electronic devices and the Internet is a privilege and not a right and that it is subject to the following rules:

1. Mom/Dad will pay for my devices, Internet, and cell phone access, unless otherwise agreed upon, but I will pay for any charges above and beyond the usual monthly fees (repairs due to carelessness, if my device is stolen, etc.).
2. I will respect the privacy of others online and on all devices I access or use. I will not touch any content or file that is not mine.
3. I will not download anything or install apps, games, or other programs on any of my devices without first asking Mom/Dad.
4. I will never give out private information while online. At no time will I ever give out my last name, phone number, address, or school name—even if I know the person with whom I am communicating—unless approved.
5. I will never agree to meet an online friend in person without first asking Mom/Dad.
6. I understand that I can use electronic devices for approved purposes only, and I understand that what I do reflects my character, upbringing, and family name—and affects my reputation and future opportunities.
7. I will not send hurtful, harassing, or threatening texts or inappropriate photos and videos, or make such posts on social media, gaming networks, or elsewhere online.
8. I will not say or send anything to anyone using my device(s) that I wouldn't be *completely* comfortable with Mom/Dad hearing, seeing, or knowing about. This includes profanity and any offensive language.
9. I will not take and/or send a picture or video of anyone without that person's permission.
10. I will not be disruptive in my device use. If Mom/Dad or another adult asks me to end a call, stop texting, or finish playing a game, I will.

11. I will always respond to calls and texts from Mom/Dad and not ignore their desire to ask me a question or otherwise check in to ensure my safety. If I miss a text or call from them, I will respond to it as soon as I possibly can.
12. I will not use my electronic devices for any purpose after \_\_\_\_\_ AM/PM on a school night or after \_\_\_\_\_ AM/PM on a nonschool night, unless approved.
13. I will abide by all the rules my school has put in place regarding students' phones.
14. I understand that Mom/Dad have the right to look through the contents of my device(s) at any time if/when they have a reasonable concern and will do so in my presence.
15. If I ever feel uncomfortable about an experience online, I will immediately tell Mom/Dad. I understand that Mom/Dad are willing to help me and will not punish me as long as these rules are followed.
16. My online account usernames and accounts are as follows:

Signed: \_\_\_\_\_

## Parent Expectations:

I understand that it is my responsibility to protect my family and to help them receive the best of what electronic devices and the Internet have to offer. In that spirit, I agree to the following:

1. I will pay for their devices and their Internet and cell phone plans, unless otherwise agreed upon.
2. I will listen calmly. If my child comes to me with a problem related to online experiences, I promise not to get angry but to do my best to help my child resolve the situation.
3. I will be reasonable. I will set reasonable rules and expectations for Internet usage. I will establish appropriate consequences for lapses in judgment on the part of my child.
4. I will treat my child with dignity. I will respect the friendships that my child may make online as I would offline friends.
5. I will not unnecessarily invade my child's privacy, and I will respect it. I promise not to go further than necessary to ensure my child's safety. I will not look through the contents of my child's device(s) unless there is a reasonable concern, and I will do so in their presence.
6. I will be reasonable with consequences for violations of this contract. Consequences will start at loss of device privileges for 24 hours and progress according to the seriousness of the violation.
7. I will not take drastic measures. No matter what happens, I understand that these technologies are important tools which are essential to my child's success in school or business, and I promise not to ban it entirely.
8. I will be involved. I will spend time with my child and be a positive part of my child's online activities and relationships—just as I am offline.

Signed: \_\_\_\_\_

---

Copyright © 2015 by Corwin. All rights reserved. Reprinted from *Bullying Beyond the Schoolyard: Preventing and Responding to Cyberbullying*. Second Edition by Sameer Hinduja and Justin W. Patchin. Thousand Oaks, CA: Corwin, [www.corwin.com](http://www.corwin.com).  
Reproduction authorized only for the local school site or nonprofit organization that has purchased this book.